



Safer Academy

Residential Pupils' Morning Time Table

Effective for July 2021-August 2021

	5.10-5.30 am	5.30-6.15 am	6.15-6.30am	6.30-6.45 am	6.45-7.45am	Notes
Monday	Duas-Dhikr and Snacks	New Lessons	Tajweed by Talqeen	New lesson	Ghusl, Breakfast, Preparation for lessons	Tajweed by Talqeen following Siddique al-Minshawi Start with Surah Fatiha, then short Surahs
Tuesday	Duas-Dhikr and Snacks	New Lessons	Tajweed by Talqeen	New lesson	Ghusl, Breakfast, Preparation for lessons	
Wednesday	Duas-Dhikr and Snacks	New Lessons	Quranic Arabic	New lesson	Ghusl, Breakfast, Preparation for lessons	For Qur'anic Arabic, use short Surahs word for word, then sentences You can use daily duas too
Thursday	Duas-Dhikr and Snacks	New Lessons	Tajweed by Talqeen	New lesson	Ghusl, Breakfast, Preparation for lessons	
Friday	Duas-Dhikr and Snacks	New Lessons	Quranic Stories	New lesson	Ghusl, Breakfast, Preparation for lessons	Start from the short Surahs
Saturday	Duas-Dhikr and Snacks	New Lessons	Tajweed by Talqeen	New lesson	Ghusl, Breakfast, Preparation for lessons	
Sunday	Duas-Dhikr and Snacks	New Lessons	Quranic Arabic	New lesson	Ghusl, Breakfast, Preparation for lessons	

Residential Pupils' Post Asr Time Table

Effective from July 2021-August 2021

	5.15pm-5.30pm	5.30pm-5.45pm	5.45pm-6.30pm Core Sports	6.30pm-6.45pm	Notes
Monday	Changing	Warming up	Football	Make your own game	
Tuesday	Changing	Warming up	Basketball	Make your own game	
Wednesday	Changing	Warming up	Table Tennis	Make your own game	
Thursday	Changing	Warming up	Football	Make your own game	
Friday	Changing	Warming up	Cricket	Make your own game	
Saturday	Changing	Warming up	Hula Hoop	Make your own game	
Sunday	Changing	Warming up	Football	Make your own game	